

1Nation All Stars Teams

Each new season we will place interested athletes on teams depending on their skill level, experience, and age (as of 8/31/2010).

Below are team names and tryout times:

Spirit.....Youth (11 yrs & younger)
*Level 1

Freedom.....Junior (14 yrs & younger)
*Level 2/3

Pride.....Senior (18 yrs & younger)
*Level 3/4.2

Tryout Prep Classes:

May 17 – 19:

11 & under 6:00-7:30

12 – 18 7:30-9:00

Tryouts:

May 20:

11 & under 6:00-7:30

12 – 18 7:30-9:00

Our facility is located at:

**Elite Gymnastics & Recreation Center
2745 Old Washington Road
Waldorf, MD 20601**

If you have any questions, please contact:

**1Nation Allstars
P.O. Box 2412
Waldorf, MD 20604**

By Phone: **301-399-3044, 301-399-7021**

By Email: info@1nationcheer.com

Visit us online at www.1nationcheer.com

**1Nation All Stars
P.O. Box 2412
Waldorf, MD 20604**



1Nation All Stars Cheerleading

“United We Stand”

2010 – 2011 Season

Open Registration



Website: www.1nationcheer.com

Email: info@1nationcheer.com